



BPW HUNTLY & DISTRICTS

VOLUME 4, ISSUE 11

NEWSLETTER – NOVEMBER 2016

PRESIDENTS PEN

Kia Ora everyone,

November has been an eventful month for NZ. As we know, it has been a challenging time for those people in earthquake affected areas. BPW International and BPW NZ have extended their sympathy and have conveyed support and best wishes for those struggling with the effects of the earthquakes.

Friday 25th November is White Ribbon Day and the goal is eliminating violence towards women. White Ribbon aims to change men's attitudes and behaviours predominantly through men talking to men. The mantra is YES to respectful relationships and NO to violence. Some ways we can support this is to wear a white ribbon, buy Hollie Smith's new song "Please" See the email I forwarded to members earlier this month.

Our dairy farming community will have been very pleased with the welcome news on Friday 18th that Fonterra increased their milk payout to \$6 per kg/ms. As a rural chartered accountant with dairy farming clients I know this has brought some relief to all these dairy farmers as they have had low payouts in the last two years, a very wet winter with production levels dropping back on average 10% on the previous year, and increased pressure with compliance issues. Fonterra's payout increase will no doubt flow through to the rest of the community.

In late October I spent three days touring wonderful gardens in the Taranaki area - the Powerco Taranaki Garden Festival and Fringe Festival. It was very enjoyable and we certainly put in the miles visiting nine gardens on the first day. I would highly recommend this as a trip if you haven't been and are keen on gardening. We all came back with ideas for our own gardens and with renewed enthusiasm for gardening at home. So I've now re-dug and planted my long-unused vegetable garden and have potatoes, courgettes and tomatoes planted so far. Any hints /tips from all you veteran vegetable gardeners would be appreciated as I'm really out of practice but enjoying my new hobby!

You will see further in the bulletin, the poster for the Huntly Garden Ramble on Saturday 10 December which is a fundraiser for several Huntly community groups. It would be great if we could have a group from BPW enjoy this together – I'm happy to provide transport for anyone interested.

Kia Kaha
Trish Foy



PS – Mark on your calendar our Christmas dinner meeting on 5th December
I look forward to seeing you all there.

WHAT'S ON NEXT MONTH

December Christmas

Meeting

MONDAY 5th

DECEMBER

at the Huntly RSA

Williams Street Huntly

Networking from 5.30pm

Partners Welcome

Dinner 6.00pm

\$32.00 per head

Bring one or two items

for a foodbank

contribution and a gold

coin donation for the

entertainment

Please RSVP Gayle Scott
with numbers attending or
apology

826 3383 or 021 2636840

scottptgy@xtra.co.nz

Hostesses

Janet Gibb

Trish Foy

COMMITTEE MEETINGS

Monday 28th November

5.15 pm at

Cowley Stanich office

FUTURE DATES

to be advised

NOVEMBER GUEST SPEAKER



Donna Smith



Rod McAlpine with Donna

Donna Smith had a cochlea implant 4 ½ years ago, having been profoundly deaf with severe tinnitus in her left ear. She had no hearing problems until attending a rowdy rugby night and the next day had no hearing. While her hearing did return, during pregnancy her hearing deteriorated and 20 years ago she got her first hearing aids which were horrific to wear and did not work well for her. After being made redundant, she was unable to gain employment after informing people of her hearing loss. Donna went to an audiologist and to hearing therapy before a cochlea assessment and scan which concluded she was a suitable candidate for an implant. After having a cochlea implant, a lot of learning is needed and recently Donna attended her first movie.

Donna informed us that deafness is one of the most common problems worldwide with 1 in 6 New Zealanders affected and the number rising with the ageing population. 16 – 30% of deafness is caused by noise exposure.

Donna explained how the cochlea transmits sound with the movement of 100,000 hairs which can be broken/lost in many ways – genetic, viral, cancer, noise, and medication or unexplained. She showed us an implant which is threaded through the tiny cochlea with the attached magnet placed under the skin of the scalp. The processor which picks up the sound and sends it to the implant attaches onto the implant with a magnet and is removed at night. People need to take time to communicate with a person with hearing disability, and sometimes members of the public are disrespectful.

Many people with hearing disability use lip-reading for 1:1 communication, but struggle with more people or groups as lip-reading does not work in these situations. With deafness, 100% of energy is used working on hearing, especially with community contact and this is very tiring. Deafness separates us from people and a cochlea implant can increase the quality of life by up to 70% with integration back into the community. Donna reports she has increased confidence in dealing with people in many different situations. While Donna and Rod both have one implant, children are now offered two for “surround” hearing. The government funds 20 cochlea implants a year for those north of Turangi, with a waiting time of several years. The cost privately is \$50,000, with new technology now available which has smartphone and blue tooth capability.

Donna is contact for a group called Pindrop which is a charity obtaining information from research mainly at Auckland University and looks at the priorities as a user.

Rod McAlpine, who has had his cochlea implant for 6 months, spoke of the difficulties in learning to use it with the completely different sound from previous hearing. He is unable to distinguish between a dog barking, cattle mooing and Helen calling him! He struggles to use the phone and once the implant is removed for the night, there is no vocal communication. Using Angel Sounds programme on his laptop, Rod is learning to listen and identify words, now managing 1:1 speech without relying so much on lipreading.



Merle Costar presenting Courtney Creighton with certificate and a \$50.00 cheque from BPW Huntly and Districts at the Te Kauwhata College Prize giving.

Courtney is enrolled at Waikato University to start a Business Management Studies degree in March 2017.

Merle was very impressed with Courtney and the gratitude she expressed for the BPW award. Te Kauwhata College asked that their thanks be passed on to our members for once again providing them with a prize, and they really appreciated our continued support.

CLUB NOTICES

Walking exercise group

If you are keen to have a BPW group walk , say once a week – for exercise and promotion of our club (we can deliver fliers in mailboxes), please let Wendy or Trish know and we will arrange the time and route

Subscriptions now due \$95.00

Please pay by direct credit (our preferred option) to BPW account number 03-1570-0024631-00 with your "NAME" as the reference and "SUBS" in the code field, or bring payment to the meeting as an alternative option.

President:

Trish Foy

828 7590 or 021 840 022

Past President:

Janet Gibb

(07) 824 6737 or 027 4753397

Secretary:

Jan Shand

021 848 043

Treasurer/ Vice President

Wendy Horrox

828 8915 or 027 202 2252

Catering:

Gayle Scott

826 3383 or 021 263 6840

Other Committee:

Karen Putwain, Shelley Lynch

We welcome your ideas, suggestions to improve our club.



The Hakarimata tracks are open again! Next time you run or walk up there, make sure you check out the amazing Tomokanga (carved entranceway) which was unveiled on Saturday 19th November at the Brownlee Ave entrance to the track. A moving ceremony and a great joint project by Waikato District Council, Waikato Tainui and Department of Conservation.

THE INTERNATIONAL COLLECT

We ask

That we meet together as women, not allowing beliefs, religion, nationality, ethnicity or language to come between us.

That these meetings enable us to move forward and advance the status of women throughout the world.

That the value of women be recognized in our families, our communities, our workplaces, our country and the world.

That we use our good ideas, our knowledge, and our experience to promote the worth of women.

That we combine our strengths to move forward in peace, in serenity and in love.

That women of all generations will do their part to achieve harmony and equality among all human beings.

AIMS OF BPW

BPW International aims to unite business and professional women in all parts of the world to:

1. Work for women's: • economic independence • equal opportunity and representation in economic, civil and political life.
2. Encourage and support women and girls to: • develop their professional and leadership potential • undertake lifelong education and training • use their abilities for the benefit of others, locally, nationally and internationally.
3. Advocate: • for the elimination of all discrimination against women • for human rights and the use of gender-sensitive perspectives.
4. Undertake: • world-wide networking and co-operation between business and professional women • non-profit projects that help women gain economic independence • to present the views of business and professional women to international organisations and agencies, and to business, governments and civil society.

BULLETIN CONTRIBUTIONS

Please email them to ghancocknz@gmail.com by the 15th of the month. Contributions to our bulletin are welcome from all club members.

WHY YOUR MONEY MATTERS

From *Smart Women, Smart Money* by Joan Baker

(Excerpts from Chapter 4)



**It's never too early
and never too late to
move in the direction of
financial independence**

Financial independence is about having enough money to take care of yourself. It's about being self-sufficient – able to earn the money you need to live without being dependent on someone else. Being smart with money is about making sure that your money works as hard as you do and will last as long as you do.

Financial independence is about not having to rely on others to take care of you. It is about having enough money to continue to make decisions about your own lifestyle for as long as you live. Being financially fit for life is a great space to be in. At best, it means that you will have many more choices and more security than if you cannot take care of yourself on your own. At worst, if 'bad' things happen, you will be secure in the knowledge that you can take care of things for yourself.

Financial self-sufficiency and independence are very healthy choices to make – irrespective of your relationship status. You may be lucky enough to be in a happy marriage or partnership. Hopefully, your financial independence would be in no danger of disappearing even if you were unfortunate enough for the relationship to end. Whatever your relationship status, it is in your interests to consider your financial destiny as a separate issue. No matter what your circumstances regarding age or current wealth, you can start making choices and taking steps today that will make you more financially independent for the future.

It is so easy to look back and see what we should have done in the past. There will not be a woman reading this who has not said, 'If I knew then what I know now!' However we need to apply this sort of thinking to our future, after all, that's where we'll be living. The future is never certain, but we know that we will need money; that we will be better off in the future if we do the right things today; and that if we want things to be different it is up to us. What choices are you making today that will impact on your financial position in the future?

A smart woman would ask herself some hard questions about the future:

When will I be able to 'retire' or work less?

How much will I have to live on?

What do I want to be able to do?

How do I want to live?

Will I have enough money to do it 'my way'?

Can I pay for long term care for myself?

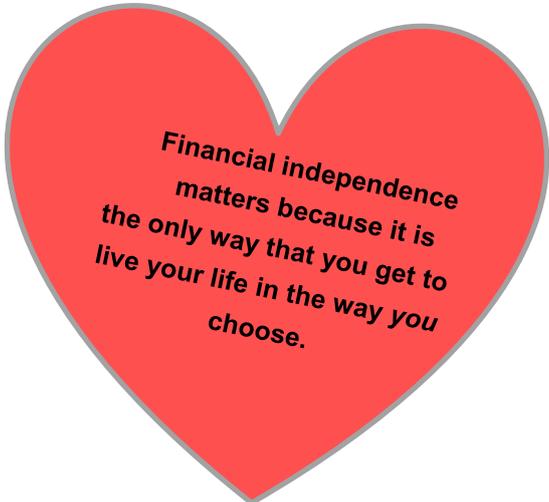
Can I pay for my parents if necessary?

If I am alone, will I have enough'?

If my relationship ends, how will I fare financially?

If things continue as they are, what does my future look like?

Have I enough for an emergency?



**Financial independence
matters because it is
the only way that you get to
live your life in the way you
choose.**

**ST PAULS CHURCH FAIR
and
HUNTLY ★ GARDEN
RAMBLE**

**10 December 2016
9:00am to 4:00pm**

Visit our heritage listed, christmas decorated, fabulous old church. Then wander around many fair stalls. Next visit 9 local large and small gardens.

To visit church and gardens you must have a yellow arm band, the Fair is free.

Tickets \$20

For sale at Friendship House & Allen Fabrics

This fund-raiser supports St Pauls building maintenance, the North Waikato Health Shuttle and Lets Get Together Huntly