

Good evening all,
After a very busy month it is time to organise our May meeting.
Our Speaker this month is Susan Buxton.

Consumer Services Team Leader and Nutritionist -
Communications at **Sanitarium**

Susan is a nutritionist at Sanitarium Health and Wellbeing Company. She has completed a degree in Sport and Exercise Science and a Masters in Nutritional Science. Susan has worked in the fitness arena for many years working in nutrition, exercise testing, and management before deciding to undertake a more nutrition focused direction in her career. She has presented numerous seminars on nutrition, healthy eating and lifestyle. Susan focuses on practical advice that can be applied to people of all walks of life.

Date: Wednesday [May 10th](#) 2017

Venue: Waipuna Hotel and Conference Centre

Time: 6 pm for 6.30pm dinner

Cost: \$32.00 Members Guests/Visitors \$35.00

I look forwards to seeing you at the meeting. Please reply to joanronb@gmail.com by Monday 8th May as to whether you are able to attend.

Please remember that BPW Tamaki will be celebrating our 50th Anniversary on Wednesday 11th October 2017

Please remember if you have some small toiletry item to give to the Eastern Women's refuge to bring it to the meeting.

At our April meeting: Faye Gardiner introduced the Speaker Judy Armour. Judy is the Village Manager for Independent Living, Public Relations and Sales and Marketing. Judy has been involved in the building of the area known as St Andrew's hill, the main Retirement living, and is now involved in the building of the next stage which is Serviced Apartments.

Judy started by telling us that it is 60 years ago this year that the trust was formed that started St Andrews. There now is

- 120 bed hospital
- 30 Alzheimer's unit

- New 10 beds for men.
- Assets included the "hill"
- Looked at options to create income and discovered that people wanted to live on the site
- Ten years ago started the Independent Living
- A survey was conducted around Glendowie, St Hailers and it was discovered that people would come if they had a reasonably large house. They did not want to live in a box.
- Big 2 and 3 bedrooms with 2 bathrooms.
- Extra storage
- Built to suit our land
- Residents encouraged to continue outside activities
- Community Centre built and run with input from Residents and a Social Committee
- 116 houses or Villas built
- Now building 48 assisted living apartments in 2 3 story buildings with Community Centre, restaurant and café
- Some of the Residents who have been living in the Village for 10 years are thinking of moving into the Serviced Apartments.
- Assisted Living apartments are smaller
- 95% of residents come from the local area
- Residents get priority for cared facility
- There are also 14 rented Cottages.

Conference: Conference was held in two buildings, the Oruawhare Homestead and the deconsecrated St Vincent's Church. There were probably about 200 or 300 metres between these buildings along a gravel driveway. Despite the fact that I was assured that the buildings had hand rails on the stairs there were none. It was about a 20 minute drive from Waipukurau where we were staying to the Conference venue. The Homestead was on a slight rise so Mary Dal, from Kaitaia, who was driving me, and I decided to try the back of the building and entered through the laundry and the kitchen. We did this for registration and the Resolutions session and also the President's reception. Then it was down to the church for the Award's dinner the ladies in the kitchen assured us that there was a ramp at the back but in the dark nobody could see it, so Irvine Savage and another man kindly told me to sit on my walker and they would carry me in. What a ride. I then had to walk down the centre of the church to my seat at the top table. I was followed by the flag bearers and then the official party. I was seated between Alex Walker, the Mayor (female) and the guest speaker Sally Jackson, who had worked for Art Deco Napier. Both made interesting speeches. The winners of the awards are listed

in the BPWNZ Newsletter but I would like to mention two awards. After quite a while a Badge of Honour award was made and the recipient was Maureen Eardley-Wilmot who comes regularly to our club and as the only Life Member there I was honoured to present it to her. The other award was for 50 years of service to BPW NZ and was made to my self. I received a beautiful cheese board made from a recycle wine cask which is a good gift for me as I love wine and cheese.

Here are some photos from conference.



Emily and Joan at Conference



Joan receives her 50 years of Service to BPW Award



Joan's Award for 50 years of Service



Maureen receiving her Badge of Honour



Maureen enjoying the Awards Dinner



Prize for anyone who can name all the Hippies in this photo.

The first person the reply to joanronb@gmail.com will receive the prize. People in the photo not eligible.

Region North Regional Meeting

On behalf of BPW Huntly & Districts I attach the Northern Regional Meeting Registration form and Agenda.

Kind Regards,

Janet Gibb | **Vice President Issues**

The meeting will be held in Huntly on the Sunday 21st May at 8.30am please see the attached for details.

NCW

The following report came from our NCW Representative Emily Tsai

NCW Auckland Branch Notices 31 April 2017

Our next Branch meeting will take place on 8 May 7pm at St Lukes's, 130 Remuera Rd, Remuera

For further information contact ncwnzauckland@gmail.com

Monday 1st May He Tohu and the Suffrage Petition 5.30 – 7pm at the National Library office, 8 -14 Stanley Street. Briefing from Philippa Doyle of the National Library and Vanisa Dhiru NCWNZ on. This has been arranged by Archives NZ. RSVP to HeTohu@dia.govt.nz

Wednesday 3rd May Pacific Women's Watch NZ CEDAW City meeting 6.30 for 7pm start - St Columba Centre 40 Vermont St, Ponsonby. To explore issues important for women and girls in Auckland and to develop an action plan to take to Auckland Council for the implementation of CEDAW in Auckland

Background information is available from info@pacificwomenwatch.org.nz. Refreshments available. No charge - Koha to assist with costs welcome.

Tuesday 9 May 1 – 2pm Pay Equity Coalition Auckland meeting. Auckland Women's Centre, Warnock Street, Grey Lynn

Sunday 14th May Pay Equity Coalition Auckland –equal pay information stall, Viaduct. Details available from carol.beaumont@actrix.co.nz

Friday 19th May 5.30pm Women and Power ASB Theatre, Aotea Centre Organised by Feminist Action. See Facebook events.

Thursday 25th May NCW Speech Competition 6pm Ferndale House, 50 Lloyd Avenue, Mt Albert.

Wednesday 5 July Dame Dorothy Winstone dinner with guest speaker Dr Pauline Kingi 6.30pm Quality Inn, Gladstone Rd Parnell

Monday 7 August Women's Choice Election Forum, Auckland University

Details to follow

Kind regards

Joan Bielby QSO JP

BPW Tamaki

Secretary

Life Member and Past President