



No
4
2016

May Newsletter BPW Gisborne



Sherryll's Musings

Kia ora koutou/Greetings to you all!

I can't believe how fast this month has gone. Day light saving finishing has pushed us all indoors earlier but I for one still enjoy the increase in the day light morning hours.

As you know 7 of us attended the Asia/Pacific conference in Auckland from the 8th to the 10th of April and what a wonderful conference it was. Meeting BPW members from 14 countries from Asia and Pacific gave us huge insight into the struggles and celebrations they encounter daily in their journey towards equality. Nepal, although still coming to terms with the earthquake and relocation of many families, managed to send 4 representatives. They are in much need of support in all areas of their lives and with help from other countries have made some inroads and supported many families with day to day living. BPW has been a supporter of Nepal for many years and no less the conference participants who contributed generously and raised over \$7200.

The Nepalise women were moved to tears by our generosity.

It was interesting to hear how women's fight for equality is so entrenched in the culture of some of the countries. So in order to attain equality, they also

MEETING DETAILS

3rd May **5.30pm onwards**

Soho Restaurant - \$35

Hostesses:
Tasj Paulson and
Fiona Scragg

Grace:
Vanessa Hayes

Collect:
Catherine Chrisp

Introducing the guest speaker:
Sherryll Markie-Brookes

Thank Speaker:
Andrea Seymour

Please arrange a replacement if you can't do your role

Apologies & to book a Guest:

Contact: Fiona Evans



Text 022 0364 708



gisbornebpw@hotmail.com

Apologies to be received no later than 6pm on the Friday prior to the meeting or you'll be billed \$35 if you

have to challenge their culture. One woman built a multi-million dollar business only to have to give it to her brother, as that is their custom. She continued moving forward and now owns 10 such businesses. In some of the male dominated countries it is truly inspiring to hear stories like this and when you look at the women who stand up you have to admire the courage and determination they have and the commitment to making a better life for women. I was humbled to be in the company of such amazing and inspiring women.

The conference energy reminded me of how important it is for us to maintain the true values of BPW and continue to strive for goals and aims of our Club. 50/50 by 2030 is the international aim and the challenge for us is "What are we doing to reach that target".

I want you to think about what that means for you, your families and the legacy you will leave behind. What can you do as an individual or as part of BPW that will make a difference for women in the future?

Please give this some time and energy and be prepared to contribute to the table discussion at our May meeting. Groups will write down their ideas and the Executive will collate a list of suggestions that can be prioritized at our next meeting. Our club depends on the power within the group.

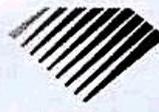
Let's make our voices heard loud and clear!!! Shout out to the Executive what it is that you want to happen and join us in a journey of "action"!!!!

Sherryl Markie-Brookes



don't tender an apology on time. This can be paid via direct credit to our Westpac account 03-0638-0019130-00.

Remember your name tag otherwise you'll be asked to give a gold coin



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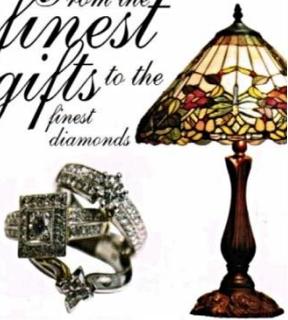
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April's Meeting

Reflection



Speaker - Lara Myer, Evidence Based Educational Consulting LTD

Sherryl Markie-Brookes introduced Lara Myer, Evidence Based Educational Consulting Ltd

Lara led us through an inter-active workshop looking at the high price of incivility in the workplace. Rudeness in the workplace is rampant and on the rise. It affects the bottom line in many ways: nearly everyone responds in a negative way, employees are less creative if disrespected, some get fed up and leave, about half deliberately decrease their effort or lower the quality of work, is very damaging to customer relationships.

Few organisations recognise or take action to curtail it. In Australia incivility costs the country \$26M in lost production per year and NZ is estimated to lose \$15M.

Examples include



Fact of the month...



Facts about Queen Elizabeth II

Her full name at birth was Elizabeth Alexandra Mary of York

She used ration coupons to buy the material for her wedding dress (married in 1947)

She has answered more than three and a half million items of correspondence during her reign so far

She has owned more than 30 Corgis during her reign

There have been 12 US Presidents during her reign

Not acknowledging other staff when passing them or entering an office

- Running people down
- Cutting or talking over others
- Using mobile phone in a meeting
 - Outright bullying
- Disregard for peoples time
 - Exclusion

Lara encouraged us to look at what protocols are important in our own workplaces by starting a review sheet.

- She does not have a passport or drivers licence
- At the time of World War II Elizabeth joined the Women's Auxiliary Territorial Service and she trained as a mechanic and military truck driver
- She has visited New Zealand ten (10) times during her reign
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Gisborne BPW wins overall Club of the Year

After three days enjoying the Asia and Pacific Conference in Auckland our seven pictured conference delegates proudly received the Best BPW Club Award on behalf of the Gisborne members. Catherine Chrisp was honoured with the Distinguished Service Award and several members were presented with their Gold Keys to Achievement Badges. The Conference delegates will report back with their highlights to members at our May meeting.



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The members who attended the 2016 Conference are (from left to right), Maggie Asplet, Mary Hope, Alison Crosswell, Diane Taylor, Catherine Chrisp, Sherryl Markie-Brookes and Kath Kitchen

May's Meeting

Our May Meeting is at Soho Restaurant

Please bring along your Keys to Achievement book (KTA) to the May meeting.

Our Discussion Topic will be:

"What are the issues for women you would like to work on with BPW?"

May's Guest Speaker



Our guest speaker at our May meeting will be Paula Neshausen.

Paula is the general manager of Mothers Helpers. Mothers Helpers is a charity which brings support and practical help to many mothers that are struggling on their own as a single parents or with post-natal stress or depression.

Gisborne BPW Financials

For the latest financials please click on the link [here](#)





To our members celebrating a birthday during May

YOUR COMMITTEE CONTACTS 2016

President: Sherryll Markie-Brookes - Ph: 027 295 5555 or E: sherrylmarkiebrookes@gmail.com

Immediate Past President: Diane Taylor - Ph: 021 361 826 or E: diane107@xtra.co.nz

Vice President: Catherine Chrisp - E: catherine.chrisp@gisborneherald.co.nz

Treasurer: Tasj Paulson - E: tasj@shoenvieandmore.co.nz

Minutes Secretary: Janet Willson - E: janet.willson@slingshot.co.nz

Membership Officer: Marelen Orchiston E: akatea1@xtra.co.nz

Newsletter: Anna Maree Colvin - Ph: 2140 165 E: a_colvin@hotmail.co.nz with Emma Bourke - Ph: 021805024 or E: emma.bourke@eastland.co.nz

KTA's and Achievement Awards: Alison Crosswell Ph: 862 5800 E: t.a.crosswell@xtra.co.nz

Dinner Cancellation Contact: Fiona Evans - Ph or text: 022 0364 708 E: fiona.evans@eastland.co.nz

Women Empowerment Principles: Mary Hope Ph: 867 2257 E: sabbatical@xnet.co.nz

BPW AIMS

Announcements by Club Members

• To stimulate and encourage women to realise and accept their responsibilities in the community – locally and internationally.

If you have any announcements about business or other matters to make at meetings, please let the President

- To work for higher standards of education and training for business and professional women.
- To work for equal opportunities and status for women in business, trade, the professions and in economic, civil and political life.
- To work for the removal of discrimination.
- To promote co-operation amongst business and professional women throughout the world.

Visit bpwnz.org.nz for more information - with password **Impbpwnz1939**.

know well in advance of the meeting. Otherwise it will be at the President's discretion.

Resigning from the club: If you wish to resign from our club you must do so in writing. Until you do so you remain a member whether or not subs have been paid and will be charged for meals if you haven't put in your apologies.

Remember: If you are aware of any member who may need a helping hand, a listening ear or may be going through sad times, please inform a committee member.

If you are interested in advertising your business card in our bulletin please contact Diane Taylor: Phone: 021 361 826 Email: diane107@xtra.co.nz