



# BPW HUNTLY & DISTRICTS

VOLUME 3, ISSUE 2

NEWSLETTER – MARCH 2015

## PRESIDENT'S PEN

A recent Television program highlighted how much food was thrown out that could have been used. A new study suggests roughly half of all the food we throw out could have been consumed, and its estimated Kiwis spend \$872 million a year on food that gets thrown away uneaten.

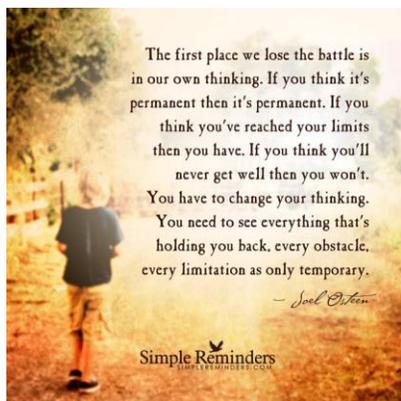
It's enough to feed around 262,917 people, or the population of the Bay of Plenty for 12 months. Bread, fruit, veggies and meal leftovers are the most commonly discarded foods, with the equivalent of 20 million loaves of bread thrown into rubbish bins uneaten every year.

I was brought up by parents who taught us never to waste anything and eat what's in front of you – don't throw it away. However there are the scraps. Being on the farm we are able to raise a couple of pigs – peelings, vege off cuts etc. end up being food for the pigs – but often we have a time where there are no pigs, so I recently purchased a worm farm. The worms eat their way through the scraps and the worm pee is collected under the contraption. Once watered down it becomes excellent food for plants.

So I add this to my recycling habit and the rubbish bag contents also reduce. Just my little bit helping save our planet for future generations!

Thanks to Vice President Trish Foy, I have now read "I am Malala" and the book opened my eyes further to the tough life many young women are dealing with every day. They not only have less to eat than we do in New Zealand, but they are often unable to get or refused the opportunity to gain an education. There is discrimination and intimidation.

In New Zealand we take food and education for granted and it is sad to see both are often wasted.



Janet Gibb President

## WHAT'S ON NEXT MONTH

### March Club Meeting

**Monday 30<sup>th</sup> March  
at the Huntly RSA**

**"Meet & Greet" from  
5.30 - Dinner 6.00pm**

**\$25.00**

Discussion Groups  
**BPWNZ Resolution  
breakout session**

**NOTE:**  
**Please let Gayle**

**Scott know if you are  
not attending.**

**PH: 021 263 6840 or**  
[scottptgy@xtra.co.nz](mailto:scottptgy@xtra.co.nz)

### Committee Meetings

**March meeting to be  
included with dinner  
meeting 30 March**

### Future Dates:

5.30pm, at Jan  
Shand's home  
Tue 28<sup>th</sup> April  
Mon 25<sup>th</sup> May  
Mon 29<sup>th</sup> June  
Mon 27<sup>th</sup> July

*Huntly & Districts Business and Professional Women meet on the first Monday of each month. For more information on the club - contact President Janet Gibb 07 824 6737 or 027 475 3397.*

## **DUTY ROSTERS**

*Hostesses:* Shelley Lynch & Joy Thompson

*Raffle:* Janet Gibb

## **Birthday wishes to:**

Pauline, Betty & Gillian

## **Speakers: Lindsay and Lynley Cumberpatch**



**“Education is the game changer – encouraging women back into study” – this was the first comment we heard from our March speaker, applauding our efforts raising funds for our Scholarship Award with the annual Waiterimu BBQ.**

We were treated to an overview of the Cumberpatch’s trip to Morocco, Jordan, Israel and Palestine. The Holy Land – often felt unholy. There is more blood spilt in Israel and Palestine than anywhere. Jerusalem back in 4500BC was fought over 16 times. It’s the old capital of Israel and is half the size of Canterbury and is the place of continual conquest.

From Bedouins in the desert to 2000 year old, perfectly symmetrical buildings, Roman ruins and Amphitheatre experiences – we heard about the amazing sights that were experienced. The Dead Sea was amazing – you could lie back in it and just float. It has 10 times the amount of salt usually found in the sea. The contrast was Tel Aviv – a modern and vibrant cosmopolitan city. Other highlights were the Dead Sea Scrolls, the Garden of Gethsemane, the Wailing Wall and Bahai Gardens – places read about in the Bible coming to life with their trip.

### Kimihia Home and Hospital Gala

Thanks to BPW Members who baked and / or manned the stall on Friday 20<sup>th</sup> March to raise funds for Kimihia Home and Hospital. It was a lovely, sunny evening enjoyed by many locals.



### Book Recommendation – supplied by Helen McAlpine

#### Unbowed, One Woman's Story by Wangari Maathai

"Wangari Maathai was an exceptionally hard working, charismatic, altruist, who came from humble rural beginnings, toiling the land barehanded from a young age to become one of a group of young Africans identified as part of the "Kennedy Airlift" provided the opportunity to gain bachelor's and master's degrees in the US, then completing a PhD in her native Kenya and using her education to work for the betterment of her country and people in terms of sustainable environmental practices social justice.

In addition to a senior role as a scientist and researcher at a university in Nairobi, needing to do something practical and far-reaching, she founded the sustainable tree planting initiative, The Green Belt Movement and would go on to become a responsible and practically minded activist, working to protect the natural resources and people of Kenya, through her knowledge of where to apply pressure, through her strong international network and above all the high regard in which she was esteemed by many, though sadly, that didn't include the government of Kenya, who over many, many years continued to block her, plant obstacles in her way, arrest her and make it very difficult for her to continue in her role as an academic and to run her own business.

Wangari Maathai possessed a spirit that refused to lie down, with every setback, she gathered herself and whatever limited resources she still had, and at times this was nearly nothing and always looked towards the one step she could take, that first step towards a solution.

## **NOTICES**

**Resolutions for BPWNZ Conference are made up of Internal and External resolutions.**

**The 2015 external resolutions come under the following headings:**

**Education and / or Violence**

**Employment and Business**

**Health**

**Legislation – General**

**Violence and Crime**

**General External Policy**

**We will discuss the proposed resolutions and give direction to our three delegates to vote either for or against at the conference being held at the beginning of May.**

## ***Your Committee***

**President:** Janet Gibb  
(07)824 6737 or 027 475 3397

**Vice President:** Trish Foy  
828 7590 or 021 840 022

**2<sup>nd</sup> VP:** Wendy Horrox  
828 8915

**Immediate Past President:**  
Jan Shand 021 848 043

**Secretary:** Carole Rodgers  
828 8804 or 022 1300 351

**Treasurer:** Wendy Horrox

**Catering:** Gayle Scott  
826 3383 or 021 263 6840

**Other committee:** Betty East

*We welcome your ideas, suggestions to improve our club.*

### **The International Collect**

We ask

That we meet together as women, not allowing beliefs, religion, nationality, ethnicity or language to come between us.

That these meetings enable us to move forward and advance the status of women throughout the world.

That the value of women be recognized in our families, our communities, our workplaces, our country and the world.

That we use our good ideas, our knowledge, our experience to promote the worth of women.

That we combine our strengths to move forward in peace, in serenity and in love.

That women of all generations will do their part to achieve harmony and equality among all human beings

### **Aims of BPW**

BPW International aims to unite business and professional women in all parts of the world to:

1. Work for women's: • economic independence • equal opportunity and representation in economic, civil and political life
2. Encourage and support women and girls to: • develop their professional and leadership potential • undertake lifelong education and training • use their abilities for the benefit of others, locally, nationally and internationally
3. Advocate: • for the elimination of all discrimination against women • for human rights and the use of gender-sensitive perspectives
4. Undertake: • world-wide networking and co-operation between business and professional women • non-profit projects that help women gain economic independence • to present the views of business and professional women to international organisations and agencies, and to business, governments and civil society.

### **BULLETIN CONTRIBUTIONS**

**Contributions to our bulletin are welcome from all club members.  
Please email them to [janetmgibb@gmail.com](mailto:janetmgibb@gmail.com) by the 15<sup>th</sup> of the month.**