

Protecting our Environment - A BPW NZ Project

Be in to win the BPW NZ Clean Green Award at Conference 2009

One of BPW NZ projects for 2008 is all about Protecting our Environment.

Here in New Zealand we are proud of the Clean Green Image we project to the rest of the world. We like to think that our waterways are clear and healthy, our roadside is free from rubbish, we recycle everything we can and our population live in a healthy environment with warm dry homes free from dampness and moulds.

However how clean green is our image in reality?

Can we say with all honesty that the photos in our glossy magazine and advertisements that we send overseas project the true image of what is really happening in our country?

- Do we really recycle everything?
- Are our homes warm and dry?
- Are our waterways clean and healthy?
- Are our roadsides free from rubbish?

Is there more that we could be doing to protect our Environment?

For those of you who attended conference and heard Linda Shaw speak then the answer is **YES**

Following on from Linda's delightful and very informative presentation at conference BPW NZ is asking all clubs to come up with ways to protect our environment more. However it is not just a matter of coming up with the ideas but also a way of implementing those ideas into our clubs lives as well as our own daily lives.

Linda Shaw challenge to us was to make changes. If we are to save and restore our environment, we must first and foremost nurture and restore our own personal environment, the world in which we live every moment. The reason is basic, primal, natural. Everything we see, feel, sense, touch and know is interconnected. Everything we are and do is part of and impacts on the environment.

Linda had developed a plan called "Changing the world in 5 minutes a day."

A simple plan that individuals, families, flatmates, organizations, businesses and the whole country can do.

Clubs and members are challenged to take up this idea. See how much we can change our own personal space in the next twelve months and the impact that will have on protecting our environment.

Be in to win the BPW NZ Clean Green Prize for the best idea of the year!

Send in your good ideas each month to projects@bpwnz.org.nz for publication in the Circular. At conference 2009 all the ideas will be displayed and conference attendees will vote for the Idea of the Year.

Elizabeth Horrell
Project Convener
BPW NZ

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Changing the World in 5 Minutes a day - A Linda Shaw Plan

A simple plan of action that works.

Changing the world in 5 minutes a day is a simple plan that individuals, families, flatmates, organizations, businesses and the whole country can do.

Steps to take.

1. Make a commitment to change over the next twelve months
2. Choose from the list below an area you would like to change
3. Write a list of what you are already doing
4. Choose one, two or three things that you are happy to do in addition to what you are already doing
5. Add those to your list
6. For the next twelve months, take 5 minutes in your day to check that you are doing them
7. At the end of the month, repeat the process with another area of your life – but keep doing what you did last month as well
8. Compile a list, graph or chart at your monthly BPW meetings to keep focused on how well you are doing
9. Bring all your ideas etc to conference in 2009 and display them for everyone to see how well you have done over the past year

A Clean Green Prize will be given for the idea voted as best for the year by the attendees at conference.

10. Finally, enter your “Protecting our Environment” projects for a BPW NZ Award.

Choose an area you want to work on in the next month -

- Water
- Energy
- Nature
- Fun
- Food
- Heath
- Civil defence
- Workplace
- Community
- Waste
- Product and Services
- Transport

To get you started visit www.mecology.com

Any other questions? Email projects@bpwnz.org.nz

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