



NEW HORIZONS FOR
WOMEN TRUST
HE ARA WHAKAPIKI WĀHINE

New Horizons for Women Trust

Supporting education, innovation and research for women

Celebrating 21 years

www.newhorizonsforwomen.org.nz

From the Chair

The 22nd Annual meeting was held in Wellington in April at the Royal Society of New Zealand. The Guest Speaker Prof Brigid Heywood, Assistant Vice-Chancellor Research, Academic and Enterprise, Massey University was an entertaining speaker who caused many laughs as she shared her journey through childhood to where she is today. She set the scene for a very relaxed and enjoyable dinner which followed.

The award application process has been completed, recipients notified and arrangements are now being made for the annual award ceremonies.

I'd like to thank all the trustees, award officers and the women on the various panels who gave their time and expertise to sort and make decisions as to who the 2014 recipients would be – not an easy task.

The awards have criteria to be met and when there are no applicants meeting these criteria then the difficult decision has to be made to not present the award for the year and this has happened this

year with the- Teupoko'ina Utangi Morgan Memorial Innovation Award. As this is a new award, the Trust is looking at ways to promote and encourage applications.

It was decided to add another ceremony to the awards calendar this year in one of the provinces and Whangarei has been chosen.

There are many applications coming from our provincial areas and it is hoped by promoting the trust and the work it does we may attract more sponsorship outside the main centres. The Zonta Club of Whangarei is sponsoring an award for the next two years and this ceremony will also acknowledge the support they are giving to the women of their area.

I welcome two new Trustees Lynda Garrett (Auckland) and Ngaire Phillips (Hamilton) to the Board. By making these appointments now it allows them to become au fait with the Board before those trustees who are due to complete their term leave.

I look forward to the award ceremonies and hope that many of you will attend and join with me in celebrating the achievements of our recipients for 2014 and hear their stories.

Mavis

June 2014

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2014 Awards Ceremonies

June

21st Christchurch
22nd Dunedin

July

22nd Hamilton
24th Wellington
25th Palmerston North
26th Auckland

August

2nd Whangarei

2014 Awards Ceremonies

Congratulations to the awardees for 2014!

Thanks to the generosity of our sponsors, friends and great community support for fundraising events, a total of 34 awards will be presented this year.

The Awards ceremonies will be held as follows:

If you would like to attend, please send us an email at enquiries@newhorizonsforwomen.org.nz and we will provide you with full details.

Christchurch

Saturday 21st of June, 2pm
in the Foyer of the Te Ao Mārama Centre, University of Canterbury

Dunedin

Sunday 22nd of June, 2pm
Hosted by the Dunedin Branch of the NZ Council of Women
St John's Church Lounge, Roslyn
Guest Speaker: Jane Adams, Research Awardee

Hamilton

Tuesday 22nd of July 5.00-7.00pm
Gallagher Events Centre, Waikato Institute of Technology (WINTERC)

Wellington

Thursday 24th of July, 5.30-7.00pm
at the Carter Observatory, Wellington Botanic Gardens
Guest Speaker: Dr Claire Bretherton, Learning and Programmes Manager at the Carter Observatory

Palmerston North

Friday 25th of July, 2pm
Room 03.02.02, Universal College of Learning (UCOL), Cnr Princess and King Streets
Guest speaker: Professor Sarah Leberman, Head of School, School of Management, Massey University

Auckland

Saturday 26th of July
Venue TBC

Whangarei

Saturday 2nd of August, 1.30pm
The Interactive Learning Centre (ILC), North Tec Whangarei Campus, 57 Raumanga Valley Road

Wellington Pre-loved Fashion Sale Update:

The 10th Second Chance Group Preloved fashion sale was held on Saturday 29 March 2014 at the Wesley Church Hall in Taranaki St, Wellington City which has been the venue for the last 4 years having outgrown the original venue. To date almost 30 women have received education awards and over \$75,000 has been raised and donated.

Another successful event was organised this year by the small group of volunteers of whom some have been involved since the first sale in 2005. The volunteer numbers swell to almost 40 on sale day and include members of the NHWT as well as Zonta Wellington and others interested in supporting the cause and wanting to have some fun for a few hours!

To demonstrate the nature and flavour of the sale event itself it is worth sharing this story with you all. Two friends Nicky Jenkin and Michelle Tuffrey have been attending the sale for ten and nine years respectively so Nicky has attended every sale despite now living in Hawkes Bay and Michelle who lives in Wellington has attended nine. They make a day of it including going out for breakfast before the sale, lunch afterwards and set themselves a budget to spend at the sale. Both have said they will continue to return to future sales and we certainly look forward to seeing them again in March 2015. With their permission we have included this information and a photograph of them taken at the sale after they had paid for their purchases!



Nicky and Michelle making a day of it!



NHWT Trustees Mavis and Sally convince Mayor Celia Wade-Brown to upgrade from her cycle helmet!

This year's sale has resulted in \$11,400 being donated to NHWT of which \$10,500 will fund three education awards for women from around the Wellington and surrounding areas. Once again representatives of the Second Chance Group look forward to attending the awards ceremony in July and celebrating the occasion with the recipients, their whanau/families and members of the NHWT and other supporters.

Sharon Cavanagh
Second Chance Group Co-ordinator

Eva's Attic

Eva's Attic is where you can buy premium pre-loved designer clothing and other treasures with all proceeds going to charities. NHWT is one of the charities that benefits.

We encourage you to take up the opportunity to visit, meet the wonderful volunteers, shop for quality preloved clothing or to make a donation.

We are also looking for volunteers who would be willing to help in the shop. If you are able to help, please contact us at enquiries@newhorizonsforwomen.org.nz.

Level 1, Grand Arcade, 16 Willis Street, Wellington

Research Spotlight

It is always fascinating to learn a little bit more about some of our past awardees, what their passions are and how they have put their award money to good use.

Here Sarah Baird outlines her research into breast cancer development.

Halting breast cancer development in its tracks

Imagine if we could stop breast cancer developing at all? If when it was first detected, we could take a drug which would immediately stop its progress, so that it never got to the stage of harming the patient? This is the eventual goal of one of the research projects being carried out in my lab at the University of Otago. I have been employed there as a Lecturer in the Department of Pharmacology and Toxicology for the past 3 years. I arrived with a 5 month old daughter, and have had another period of maternity leave since. My job at the University is all I could hope for: with both research and teaching in the mix, it is busy, hectic, stimulating, exciting. I have the chance to contribute in terms of new knowledge and potential cancer therapies and in terms of passing on knowledge and enthusiasm to students. Finding enough time and money to carry out the research part of the job and get a foot in the door in terms of publications is a challenge we all face. Last year, I was fortunate enough to be awarded the NZ Federation of Graduate Women Wellington Branch Research Award.

This award was given to me to complete a first publication in an area that may lead to a new approach to cancer therapy. We are looking at how bone marrow cells, the mesenchymal stem cells (MSCs) are attracted to breast cancer sites. The MSCs home from the bone marrow to anywhere in the body where there is injury, inflammation or cancer. Once they arrive at the cancer, they form part of the tumour mass and influence how it behaves. In general, the MSCs are believed to promote further tumour growth, in other words, to be harmful to the patient in the long term.

The tumour mass is not only made up of the cancer cells and the MSCs. There are also white blood cells, blood vessels and a number of other cell types too. If this supportive tumour mass around the cancer cells does not develop, then the cancer cells cannot continue to grow and will never reach the stage of causing illness or death. We reasoned, therefore, that disrupting that building up of the tumour mass, by halting the homing of MSCs to the area, would stop tumour development before it even really started.

First we needed to understand what attracts the MSCs to the cancer site, and this research project is a step in that direction. So far we have identified a protein that appears to be responsible for three quarters of the MSC movement towards the breast cancer cells. This is Cathepsin D, a protein that cuts through the structural network surrounding the cancer, allowing the MSCs access to the cancer site. We are now examining which form of Cathepsin D has this role and are looking to see whether its cutting activity is crucial or whether it is acting in other ways.

Some very interesting results have been obtained since gaining the Research Award. I have been able to order purified protein versions of the active Cathepsin D, complete with cutting activity, and its precursor form, Procathepsin D. There is some published literature in an area related to this, looking at the influence of Cathepsin D on the movement of the cancer cells themselves in advanced cancer. These researchers have concluded that the cutting activity is not important at all and instead it is the Procathepsin D molecule which has the determining role.

Sarah Baird was the recipient of the 2013 Wellington Area, New Zealand Federation of Graduate Women Research Award for her ground-breaking breast cancer research at the University of Otago.

Sponsor Spotlight

The awards administered through the New Horizons for Women Trust are made possible through the philanthropy of our friends, donors, trusts and sponsors. We'd like to take this opportunity to acknowledge support of these individuals and organisations.

Chenery Memorial Trust

The Chenery Memorial Trust annually sponsors the Chenery Memorial Trust Second Chance Award which is presented to a woman in the Greater Auckland area.

The Trust was formed in 1976 with a generous donation from the late Hilda Chenery who named the Trust in memory of her parents - VVA Chenery Ltd which was a well-known plumbing firm. On her death in 1994 at the age of 100 she bequeathed most of her estate to the trust which has continued to provide funding for a variety of causes, many of which are funds for second chance education. The trust is administered by the Newmarket Rotary Club.

Ross Craig, Chair of the Trust sadly died last month. Ross was a great supporter of second chance education for women and was always a very willing presenter of the award at the Auckland Award Ceremony giving encouragement and advice to the recipients. He will be very much missed.

Board Appointments



Lynda Garrett is a Senior lecturer within the Faculty of Education at the University of Auckland, with specialized teaching and research interests in gifted education. With 14 years' experience in supporting students at undergraduate, graduate and post graduate levels, Lynda acknowledges a particular

admiration for the personal fortitude and courage demonstrated by significant numbers of women, as they struggle to achieve their academic goals in the face of adverse personal circumstances. She also acknowledges a clear need to facilitate women's research relating to women's issues via scholarship funding.

Lynda is a committed Zontian who has served in leadership roles at a club, national, and at an international level in the forthcoming 2014-16 biennium. She readily affirms the close alignment between NHWT and the mission and vision statements of Zonta, where the focus is on improving the status of women in all areas of society, including education. Lynda firmly believes that educating women and progressing research by women, for women, can only make our world a better place.

Lynda is married, with 3 adult children, and 2 grandchildren. She lives near the beach on the beautiful Hibiscus Coast, with husband Ray and Yoshe (a demanding but delightful Burman cat).



Ngaire Phillips is an environmental scientist and educator, with specialist expertise in aquatic ecology and resource management. She has held scientific, management and education positions in science consulting, government and

university organizations in New Zealand and Australia continuously since 1987. She recently became co-Director of an environmental consulting company (Streamlined Environmental) based in Hamilton, where she also contributes her technical skills.

Ngaire is also a Trustee of MSSAT (Male Survivors of Sexual Abuse Trust) and has held the role of Treasurer for almost 4 years. In addition, she has been a volunteer telephone counsellor with Lifeline since 2010.

Ngaire has a strong sense of social equity, and believes that every individual has the right to a good life and to be the best they can be. She has a passion for learning and believes that education is the key to freedom.

Social Networking and the Web

Facebook:

As part of our evolving social networking strategy, in the last year, New Horizons has created a Facebook page.

<https://www.facebook.com/NewHorizonsForWomenTrust>

Here you will find photos, information on NHWT events and ceremonies as well as notifications about award applications, deadlines and other interesting tidbits from partner organizations, sponsors and awardees past and present. In order to expand our 'online presence', we are aiming to increase the number of 'LIKES' and 'FOLLOWERS' for our page.

So, if you have a Facebook account, please follow these simple instructions to 'LIKE' our page!

- 1) Click on the link to the New Horizons for Women Trust Page (above)
- 2) Under the main title/image, click the 'LIKE' button, a tick box should appear next to the word 'LIKE' and a dropdown arrow will appear. You have now 'LIKED' our page!
- 3) If you would like to be kept informed with our Facebook notifications, you can click on the dropdown arrow and click 'get notifications'. You will now receive our posts in your newsfeed.

Every time you 'COMMENT', 'LIKE' or 'SHARE' one of our events or a post, it will be visible to your Facebook network and it is a fantastic way to promote our events and activities in a targeted way.

Website:

We also working to update and improve our website. Recently, we were lucky enough to recruit a new IT Officer through Volunteer Wellington. Lisa Williamson currently works at KPMG and studied Information Science at Otago University specializing in website development and back end database design. She has created websites for various organizations including advertisement based websites and online shopping websites and currently helps to maintain two other Wordpress-based websites. We are delighted to have her expertise and look forwards to greatly improving and expanding our online presence.

Donations Form

If you wish to donate please use the form below

**New Horizons for Women Trust (Registered Charity No: C23206
Friends Membership/ Margaret Shields Fund/Donations (please circle)**

I enclose an annual donation to join *Friends of NHW*: \$50 waged \$20 unwaged

I would also like to donate an additional \$ Gifts of \$5 and over are tax deductible

Dr/Mr/Mrs/Ms.....
First Name Surname

Address.....

Phone..... Email.....

I enclose my cheque payable to: New Horizons for Women Trust

Post cheques to: PO Box 12498, Wellington 6144.

I have made a direct credit to - 03 0502 0164566 00

Please ensure your name is the payer details
and NHWT Friend as the reference.

Email: enquiries@newhorizonsforwomen.org.nz